



Free online coaching course

The Beginning Coaching General Principles course has been developed to help coaches improve their basic coaching skills, particularly those coaches working with children.

A major benefit of the online course is that coaches can complete it in their own time. Thanks to a subsidy from the Australian Sports Commission, the online course is initially available free of charge to Australian coaches.

About the course

The course contains five training modules that cover a range of general coaching topics, including:

- > the role and responsibilities expected of a coach
- > planning
- > safety
- > working with parents
- > communication
- > group management
- > inclusive coaching practices

The course takes approximately six hours to complete, and there is assessment included at the end of each module.

Becoming an accredited coach

The Beginning Coaching General Principles course can provide the first step towards accreditation. Your national or state sporting organisation can provide more information on the sport-specific requirements to achieve accreditation as a coach.

The online course can also be used as part of the training for coaches in the Australian Sports Commission's Active After-school Communities program.

How to access the course

The Beginning Coaching General Principles course is available from the Australian Sports Commission's online learning portal at learning.ausport.gov.au

